

Early Childhood Education and Stepping Stones Virtual Class Instructions

**WE WILL BE HAVING ONLINE CLASSES DURING YOUR REGULAR ECE CLASS TIME ON
SATURDAY APRIL 4, 11, 18 AND 25.**

Dear Parents and ECE students,

We are excited to offer our ECE class at our regularly scheduled times on Saturday April 4, 11, 18 and 25.

- 1) Read through “Class Materials” listed below to assemble the supplies to promote full participation in the online class. Read through the list and substitute as needed. Be creative.

- 2) We will using Zoom as our online platform.
Instructions on how to join a Zoom classroom:
 - One teacher from each class will create a “meeting” (we will call them classrooms) on Zoom and will invite you via email to join the classroom.
 - Please register for the class in advance so you can join the class easily when it begins.
 - Allow Zoom to be installed on your computer; you may be prompted to create an account. It’s free!
 - Teachers will have all participants muted upon their arrival; please keep microphones muted unless teacher prompts you to un-mute your microphone. (Muting will prevent sound delay).

- 3) Find a good place in your home to be able to move and also see the computer screen.

- 4) There may be a delay between instructions and action- lets all be flexible and accept this as a minor inconvenience. The most important part of the class is experiencing music together.

We will schedule a quick Zoom check at the class time on March 28th. If you can join us then for a short “howdy” we will know that our connections are working and we are ready for some music making on April 4.

Class Materials

Gather these things from around the home to use during the lesson!

Before we start class, be sure that you have....

- A Ball to roll
- A small piece of fabric, scarf, blanket, or even a tissue to use as a hand scarf for practicing Ups and Downs!
- A stuffed animal or another “lovey” for Bow Wow Wow and other activities
- A drum, shaker, and rhythm sticks- below is a list of ways to make these instruments from things around your home!
- Plenty of space to get moving and grooving!
- A creative spirit- feel free to make adaptations to any of these materials if you don’t have them at home!
- Happy, smiling faces! We are so happy to be making music with you!

Found Sounds

Instruments you can make at home!

Drums:

- Tupperware containers with a lid
- Pot lids (can be played with a wooden spoon)
- Cups (can be turned upside down and played like a hand drum)
- Empty tin cans (can be turned upside down and played will makeshift “mallets”)
- Body percussion! Your lap, knees, and tummy all make for great drums!

Shakers:

- Tupperware or bottles can be filled with dried rice and/or beans or beads to create maracas
- Recycled paper towel or toilet paper rolls can be filled with dried rice and/or beans or beads and taped off at the end to create a shaker
- Craft bells can be strung onto pipe cleaners, ribbon, or string to create a tambourine to hold or wear as a bracelet to shake!

Scrapers:

- Recycled plastic water bottles can be used as “scrapers” to be played with a makeshift mallet

Rhythm sticks and makeshift mallets:

- Pencils or pens
- Wooden or plastic spoons

Let’s get creative! Anything that you can make a sound on can be an instrument, including your body!